

Best practice: Internationaal Vrouwen Centrum Den Helder, the Netherlands

The necessary steps towards participation and
(re)integration by using ones own qualities

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Welcome

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- Euroguidance Staff member
- (Former) ELGPN representative
- Coaching / counselling practice

Internationalaal **V**rouwen **C**entrum

- The IVC organizes courses, activities and projects to help women in Den Helder integrate, participate, emancipate and become aware of their own ability's within society.
- The IVC organizes activities and projects to remove part of the prejudice between different immigrant groups (between themselves) and the native population – Mutual integration.
- The IVC has the task to signal problems in the area's of:
 - Problems that the women have,
 - The well being of the participants,
 - Domestic and honour related violence,
- The IVC works together with other organizations to create a network.
- The IVC intends to help women who have completed courses at the IVC to move on to the next step (further education or work).
- The IVC has a Department trans - cultural communication



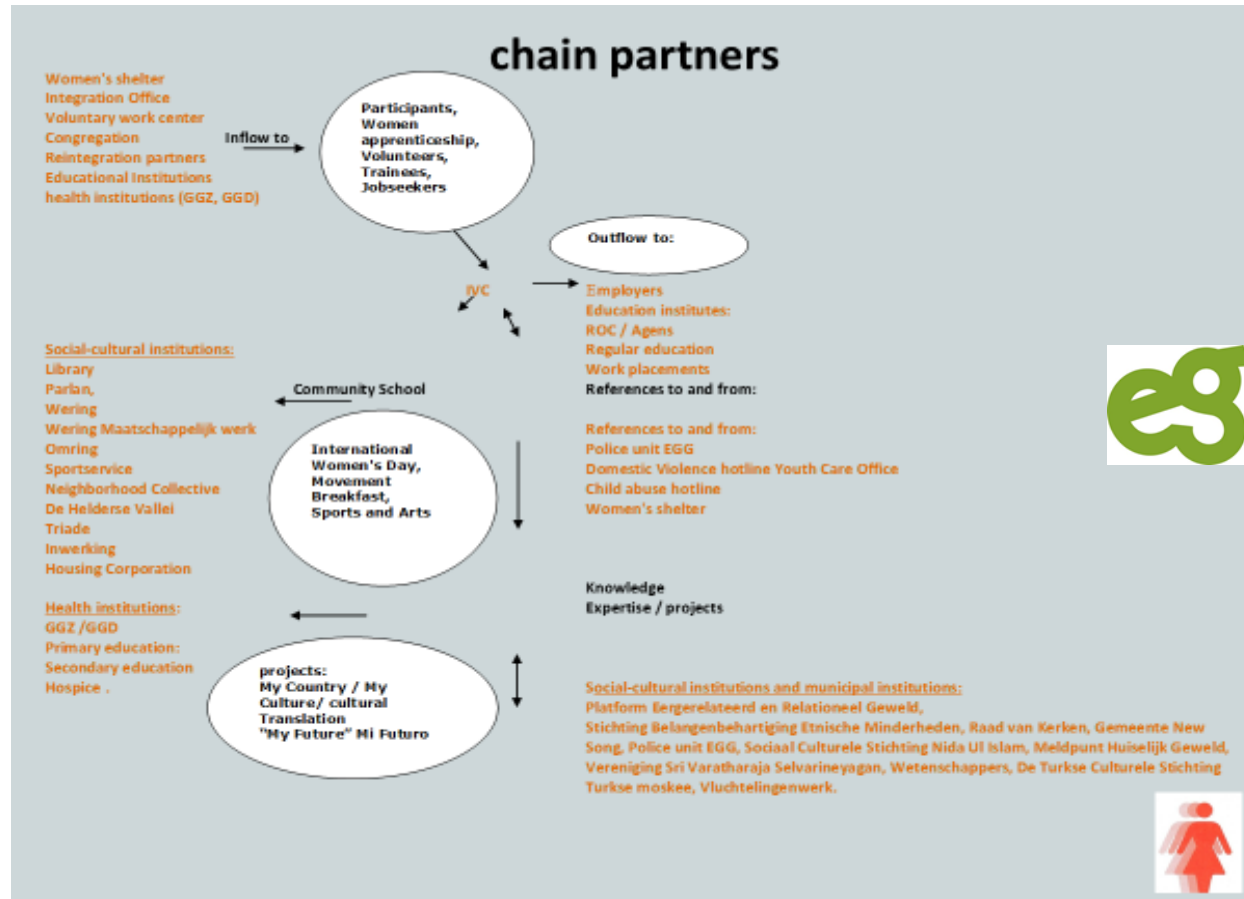
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Best practice because

- Network approach
- Methods used
- Connection with VPL
- Research based
- Excellent results

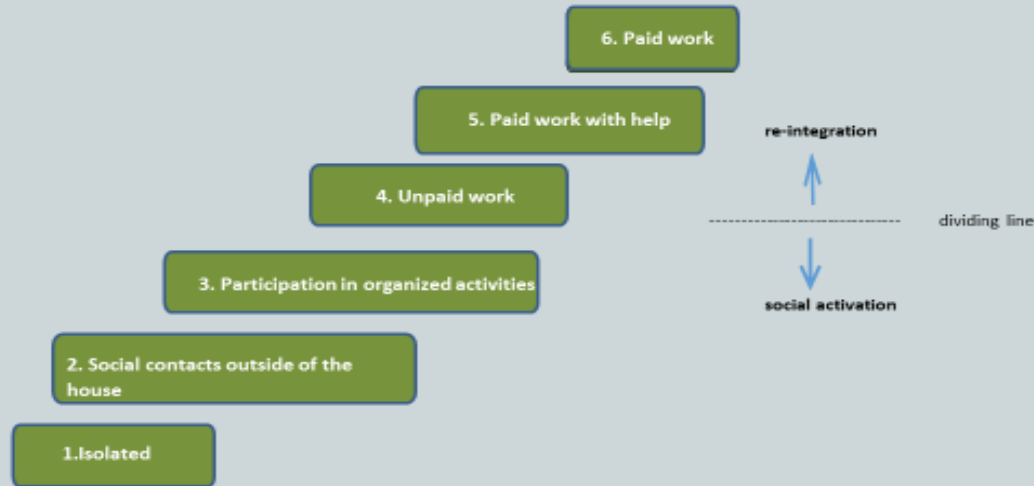


Methods

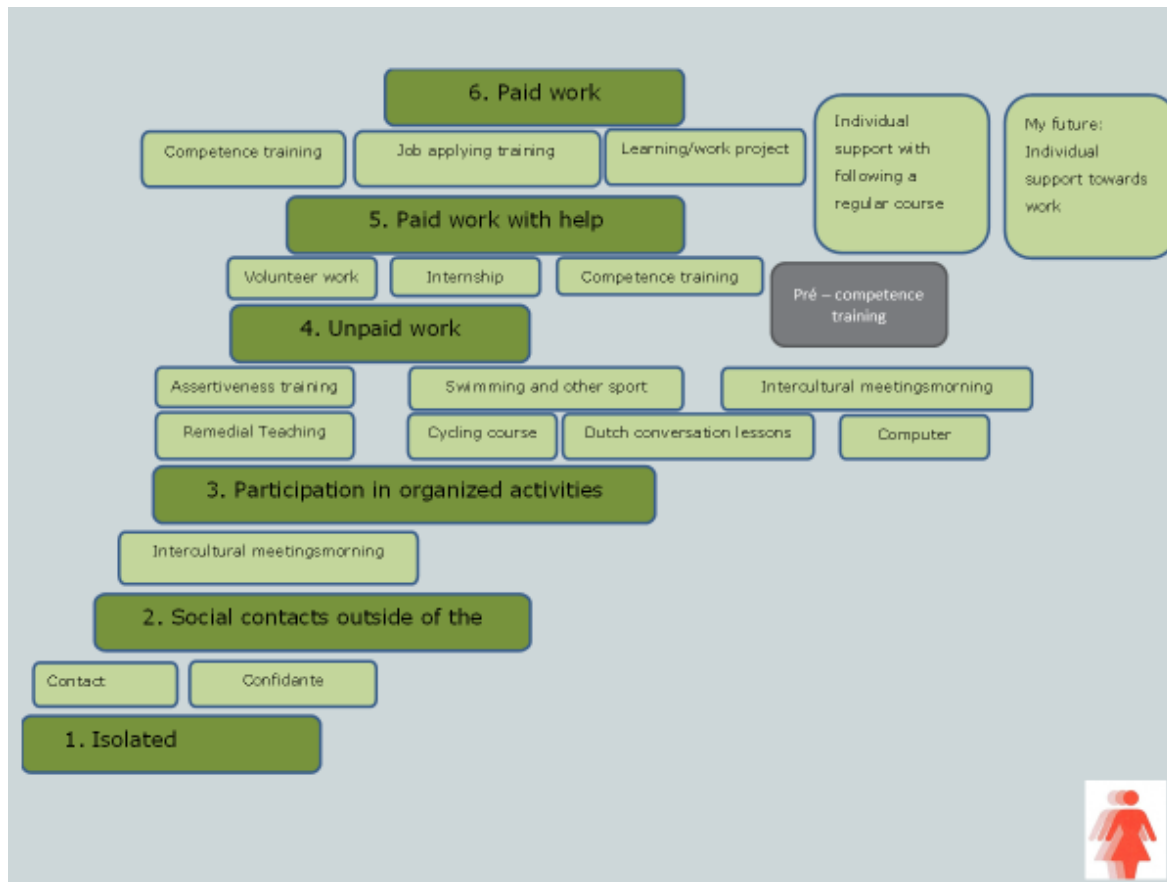
- Sta in je kracht (Empower yourself)
- Spreek je uit! (Express Yourself!)
- Job interview training
- Learning / Working trajectory
- VPL Competence training

- Follow up system

Participation ladder: From social activation to re-integration



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The making and enrolling of the pré VPL training ‘Express Yourself’

‘Spreek je Uit!’ (Express yourself) is an interactive training for language and presentation skills. During the training the participant will become aware of herself, the people around her, and her own abilities and desires. The participants will playfully learn how to (re-)act in different situations without letting go of their own identity and background.



What are the basic principles of the VPL competence training?

Following general principles:

- Holistic principle, which means: links between all different career and life activities
- A mix of cultural, general and professional education
- Good balance between theory and practical lessons
- Relate to all different kinds of competences: professional, methodical, social and self-competences



Research

- Awareness of personal values is strengthened.
- Agency – affordance – assessment
- Ownership / Co-design
- Documentation / action plan / (pre) VPL

Duvekot, R. (2016). Valuing Learning. A Study of the Validation of Prior Learning and personalized learning (with a summary in Ernglish)

Results

- Participants are moving on to the follow-up training.
- Participants will be doing voluntary work at the IVC.
- Participants will be doing other forms of voluntary work, due to already having the skills they need to do this.
- Participants have already managed to find payed work by using what they learned to achieve this.



Thank You!

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